



Moving Made Happy: Your Checklist for Success

✓ 2 Weeks Before Moving

Packing & Decluttering

- Finish decluttering and donate/sell/give away unwanted items
- Start packing non-essentials (books, décor, out-of-season clothes, etc.)
- Label all boxes clearly: Room + Contents
- Set aside a "Do Not Pack" zone for essentials

Change of Address

- Submit change of address with USPS
- Update your address for:
 - Banks/credit cards
 - Subscriptions (Amazon, streaming, meal kits, etc.)
 - Insurance (car, health, renters/homeowners)
 - Work/HR

Utilities & Services

- Schedule disconnect/reconnect or transfer for:
 - Electricity
 - Water
 - Gas
 - Internet
 - Trash/recycling
- Arrange services at your new place to start 1–2 days before move-in

Other Tasks

- Confirm movers or rental truck
- Arrange help (friends, babysitter, pet sitter if needed)
- Pack important documents, meds, chargers, keys in a separate bag

✓ 1 Week Before Moving

Essentials & Final Prep

- Pack your Essentials Bag:
 - Toiletries
 - 2–3 days of clothes
 - Medications
 - Important documents
 - Chargers + power strip
 - Snacks + water bottle



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- Defrost freezer and clean fridge (at least 24–48 hrs before moving)
- Dispose of hazardous items (cleaning supplies, paint, etc.)
- Confirm parking/reservation for moving truck/movers
- Prepare payment or tips for movers
- Do a final donation or trash run

Last-Minute Packing

- Pack remaining items room-by-room
- Keep valuables & essentials separate from the moving truck

Moving Day Reminders

- Walk through every room before leaving — closets, drawers, garage
- Take photos of the empty home (if renting or selling)
- Lock all windows/doors and turn off lights, water, gas if needed
- Hand over keys/garage openers
- Celebrate – you did it 



Congratulations on your upcoming move!  Moving is a big step, and we're so glad you're taking it. While it can feel a bit hectic, a solid plan (and a good checklist!) can make all the difference. We hope this guide helps you feel more prepared and less stressed.

From all of us at Happy Labor, we wish you a smooth, easy move and lots of happiness in your new home. If you need a hand along the way, we're just a call away!

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