



Moving Made Happy: Your Checklist for Success

2 Weeks Before Moving

Packing & Decluttering

- ☐ Finish decluttering and donate/sell/give away unwanted items
- ☐ Start packing non-essentials (books, décor, out-of-season clothes, etc.)
- ☐ Label all boxes clearly: Room + Contents
- ☐ Set aside a "Do Not Pack" zone for essentials

Change of Address

- ☐ Submit change of address with USPS
- ☐ Update your address for:
 - ☐ Banks/credit cards
 - ☐ Subscriptions (Amazon, streaming, meal kits, etc.)
 - ☐ Insurance (car, health, renters/homeowners)
 - ☐ Work/HR

Utilities & Services

- ☐ Schedule disconnect/reconnect or transfer for:
 - ☐ Electricity
 - ☐ Water
 - ☐ Gas
 - ☐ Internet
 - ☐ Trash/recycling
- ☐ Arrange services at your new place to start 1–2 days before move-in

Other Tasks

- ☐ Confirm movers or rental truck
- ☐ Arrange help (friends, babysitter, pet sitter if needed)
- ☐ Pack important documents, meds, chargers, keys in a separate bag

1 Week Before Moving

Essentials & Final Prep

- ☐ Pack your Essentials Bag:
 - ☐ Toiletries
 - ☐ 2–3 days of clothes
 - ☐ Medications
 - ☐ Important documents
 - ☐ Chargers + power strip
 - ☐ Snacks + water bottle



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- ☐ Defrost freezer and clean fridge (at least 24–48 hrs before moving)
- ☐ Dispose of hazardous items (cleaning supplies, paint, etc.)
- ☐ Confirm parking/reservation for moving truck/movers
- ☐ Prepare payment or tips for movers
- ☐ Do a final donation or trash run



Last-Minute Packing

- ☐ Pack remaining items room-by-room
- ☐ Keep valuables & essentials separate from the moving truck



Moving Day Reminders

- ☐ Walk through every room before leaving — closets, drawers, garage
- ☐ Take photos of the empty home (if renting or selling)
- ☐ Lock all windows/doors and turn off lights, water, gas if needed
- ☐ Hand over keys/garage openers
- ☐ Celebrate – you did it 🎉



Congratulations on your upcoming move! 🎉 Moving is a big step, and we're so glad you're taking it. While it can feel a bit hectic, a solid plan (and a good checklist!) can make all the difference. We hope this guide helps you feel more prepared and less stressed.

From all of us at Happy Labor, we wish you a smooth, easy move and lots of happiness in your new home. If you need a hand along the way, we're just a call away!

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